

Rock cakes

Serves 12

Ingredients

220g self raising flour
40g sugar
80g low fat margarine
80g raisins
1 egg (beaten)

Method

1. Mix together the flour, sugar and margarine
2. Add raisins and egg and mix together with a little water
3. Divide into 12 heaps on a baking tray and cook for 220oc for 15 mins