



We can provide interpreters for a variety of languages, information in larger print or other formats (e.g. audio) - please call us on 01932 723553.

To use the Text Relay service, prefix all numbers with 18001.

اگر نیاز به ترجمہ دارید، لطفاً با شماره 01932 723553 تماس بگیرید۔

ने उगाठु उरामे सी लेउ वै उं विरध करे एम नंवर उे बेन करे: 01932 723553

اگر آپ اس کا اردو زبان میں ترجمہ چاہتے ہیں، تو براہ کرم اس فون نمبر 01932 723553 پر رابطہ کریں

Se precisa de uma tradução por favor contacte: 01932 723553

আপনার অনুবাদের দরকার হলে এখানে যোগাযোগ করুন : 01932 723553

यदि आपको अनुवाद की जरूरत है तो कृपया इस नंबर पर फोन करें: 01932 723553

Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

Ashford Hospital
London Road
Ashford, Middlesex
TW15 3AA
Tel: **01784 884488**

St. Peter's Hospital
Guildford Road
Chertsey, Surrey
KT16 0PZ.
Tel: **01932 872000**

Website: www.ashfordstpeters.nhs.uk

Children and Young Person's Diabetes Service

Paediatric Department



The Children and Young Person's Diabetes Service

The Diabetes team is multi-professional and includes specially trained Consultant Paediatricians, Paediatric Diabetes Specialist Nurses, Dietitians and a Psychologist who will work closely with you to provide the best possible care and support for your child.

Consultant Paediatricians

Dr Shailini Bahl
Dr Gillian Baksh,
Dr Sonali D'Cruz

Paediatric Diabetes Nurse Specialists

Jocelyn Hall
Cathy Bryant

Lead Paediatric Diabetes Nurse Specialist/Transitional Care

Debra Lake

Paediatric Dietitian

Sarah Havard

Transitional Care Dietitian

Emma Sweeney

Paediatric Clinical Psychologist

Dr Caroline Dibnah

Further Information

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email pals@asph.nhs.uk. If you remain concerned, PALS can also advise upon how to make a formal complaint.

Author: Anne Lyddall

Department: Paediatrics

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Contact Details

Paediatric Diabetes Specialist Nurses

Office hours (excluding Bank & Public Holidays):

Monday – Friday (09.00 – 17.00)

Office - 01932 723314

Messages can be left on the answer phone and will be answered as soon as possible (this may be the next working day).

E-mail – Jocelyn.hall@asph.nhs.uk; Cathy.bryant@asph.nhs.uk; Debra.lake@asph.nhs.uk

Paediatric Dietitian

Sarah Havard

Office - 01923 723937 during office hours

E-mail – Sarah.Havard@asph.nhs.uk

Secretaries to Dr Gillian Baksh & Dr Shailini Bahl

Telephone: 01932 722722

Telephone: 01932 722546

Paediatric Appointments

Telephone: 01932 722508

Review Date: May 2017

Author: Debra Lake

Additional team members who also may assist you and your child include:

On Call Paediatric Team

Paediatric Clinic Nurse, Transitional Youth Care Coordinator

Play Specialist Team

The Paediatric Diabetes Service

The paediatric diabetes service offers a full range of diabetes care services to meet individual needs of our patients including:

- Outpatient clinics, and follow up
- Telephone and email support
- Community diabetes care, including home and school visits
- Continuous Insulin Infusion Systems (Pump Therapy)
- 24 hour access to support and care
- Transitional Care moving from children's services to adult care
- Parent support network and training
- Educational meetings

Outpatient Services

Paediatric Outpatient Clinics take place on:

Tuesday mornings at Stephanie Marks Diabetes Resource Centre, St Peter's Hospital and Thursday mornings in the Children's Unit at Ashford Hospital.

Children are reviewed by the diabetes team every three months or more frequently if necessary.

Community Services

The Paediatric Diabetes Specialist Nurses may arrange to visit you at home to give advice and support as well as arranging visits to nurseries, schools and other organisations to give specialist diabetes advice and support.

24 hour access to support and care

Telephone and email support is available Monday – Friday during working hours by contacting the Paediatric Diabetes Nurse Specialists. The Paediatric Diabetes Nurse Specialists endeavour to reply to all call and messages as soon as possible, however it is not an emergency service.

If you require urgent diabetes advice outside of office hours please telephone St Peter's Hospital - 01932 872000 and ask the switchboard operator to bleep the on call Paediatric Registrar.

Transitional diabetes care

prepares children and young people to transfer when appropriate to adult diabetes services. Preparation for transition is a long process and research suggests the earlier the process starts the more successful transfer to adult services. Transfer to adult services usually takes place from 17-19 years and is based on individual need as well as age.

Specialist transition clinics are held 4 times a year on Tuesday afternoons in Stephanie Marks Diabetes Resource Centre.

Both Paediatric and Adult Diabetes Teams attend these clinics.

Parents and Carers Support Network

The Diabetes Paediatric Team arrange regular meetings which are held quarterly on:

Saturday afternoons at Oak Ward, St Peter's Hospital.

Local diabetes groups also include Diabetes UK

Education support meetings

Throughout the year members of the diabetes team hold evening educational meetings for parents and children on various topics including footcare, and healthy eating.

Further Resources

Reference library at the Stephanie Marks Resource Centre

Diabetes UK: www.diabetes.org.uk

My life-for young people with diabetes:

www.diabetes.org.uk/Guide-to-diabetes/My-life

Juvenile Diabetes Research Foundation (JDRF): www.jdrf.org.uk

Continuous Insulin Infusion Systems - Insulin pumps:

www.insulin-pumpers.org.uk